

PRODUCT INFORMATION

Macabido®

Macabido® provides natural ingredients to support healthy energy levels and libido in women and men. The combination of active ingredients in Macabido® is optimally tailored to the unique requirements of men and women, promoting optimal sexual stamina and performance and feelings of well-being. Macabido® also helps fight listlessness, lack of energy and general physical exhaustion.

Basic Facts

Stress, harmful environmental factors, hormone changes, medications, health concerns, advancing age. All of these can lead to a decrease in sexual desire and performance in both men and women. Like all hormones in the human body, sex hormone production begins to decrease substantially in mid-life. Insufficient nutrition, disturbed sleep and stress all exacerbate this natural course of events. According to a recent poll, nearly six in 10 women and five in 10 men – essentially every other woman and man – suffer from one or more sexual concerns or simply become dissatisfied with their sex life at some point in life. But sexuality remains a taboo subject for many people, even in confidential discussions with a physician.

Even thousands of years ago, sexual concerns were a topic of great interest. People looked for help in the treasure trove of nature and found it. The Incas in South America, for instance, discovered active ingredients to promote sexual energy, stamina and desire in the extract of the Peruvian tuber maca.

Effects

Extensive studies of the 2000 years of medical history relating to maca inspired researchers to investigate combining it with other plant medicines to strengthen libido. The result is Macabido®. Macabido® combines the patented active ingredient Macaplex®, a highly concentrated and pure extract of Peruvian maca root containing numerous minerals, essential amino acids, trace elements, vitamins and more, with specially selected medicinal plants and nutrients that act on a sex-specific basis such as ginseng, ginkgo biloba, royal jelly and the herbal aphrodisiac damiana. The result of this scientific endeavor is that Macabido® contains not only maca (*Lepidium meyenii*) in various forms but also specific medicinal plants and minerals with a broad range of action specifically intended to address the sexual needs of men and women.

In addition to promoting healthy libido, Macabido® supports optimal mental and physical energy and stamina as well as a healthy immune system. The unique, scientifically adapted and patented composition of active ingredients in Macabido® male and Macabido® female is tailored to the specific needs of men and women. In a clinical trial, Macabido® was shown to boost libido in both men and women, support optimal sexual stamina and performance, promote healthier sexual function, help to maintain a healthy cycle and to soothe menopausal complaints. Scientists also reported heightened desire as well as increased feelings of general well-being. In a poll, almost 90 percent confirmed a significant improvement after only four weeks.

Macabido® female & male

Macaplex®: This patented active ingredient, a combination of high-quality and standardized maca extracts, boosts vitality, energy, desire and libido.

White Panax ginseng root extract: A native of Asia, true ginseng has been used as a medicinal plant for many centuries. White ginseng is made by drying the roots and then grinding them into powder. White ginseng strengthens the immune system and improves mental functions, while promoting healthy sexual desire, vitality and male potency.

Ginkgo biloba leaf extract: An herbal antioxidant with a broad effective spectrum, ginkgo supports healthy blood flow to the genitals, supports healthy cognitive function and promotes healthy blood flow to the brain.

Royal jelly extract: The food of the queen bee has specific effects on glands and hormonal fluctuations. It influences sexual energy, promotes metabolic activity and supports a healthy immune system.

Niacinamide: Niacin (vitamin B3) promotes the endogenous production of sex hormones. It also promotes healthy blood flow throughout the body.

Coral Calcium®: This ingredient regulates the pH value of the body. The more balanced the body's pH, the better its ability to absorb and utilize all other active ingredients.

Macabido® female

Damiana leaf extract: This well-known and proven aphrodisiac for women is native to Mexico. Damiana supports a healthy circulatory system, promotes sexual desire and supports a healthy urinary tract.



Macabido®

- ▶ Supports healthy energy levels and libido
- ▶ Promotes optimal sexual stamina and performance
- ▶ Helps with listlessness, lack of energy and general physical exhaustion
- ▶ Revitalizes the body and promotes feelings of well-being
- ▶ Supports a healthy immune system
- ▶ Promotes healthy male potency and sexual function
- ▶ Supports healthy weight management

At a Glance

Macabido®

Ginger root extract: Ginger has a stimulating and warming effect, as well as antibacterial and aphrodisiac properties.

Avena sativa herb extract: This extract, derived from green oats, has been successfully used as an energy tonic for many years. It naturally promotes endogenous hormone production.

L-tyrosine: This amino acid helps to soothe stress and tension and helps to quell irritability, support healthy energy levels and balance the mood, particularly during menopause.

Passion flower herb extract: Passionflower has a relaxing and calming effect on the nervous system.

Macabido® male

L-arginine HCl: L-arginine is the most potent of all amino acids that influence sexual desire. It supports healthy sperm production and sexual performance.

Saw palmetto fruit extract: Saw palmetto is known in naturopathy for its positive effect on the prostate. It helps support healthy sexual function and acts as an aphrodisiac.

Zinc: Zinc deficiency is often the cause of prostate problems. Zinc also supports a healthy immune system.

Muira puama root extract: Known in Brazil as «potency wood», Muira puama supports healthy testosterone production, supports healthy erections and increases sexual desire.

Uses

Libido: One of the most important properties of maca is its ability to promote a healthy libido. It contains significant amounts of essential fatty acids, sterols, minerals, alkaloids, tannins and saponins. The active constituents responsible for its aphrodisiac effects are the biologically active aromatic isothiocyanates. Today, maca is used by thousands of people in more than 200 countries worldwide for its ability to support healthy libido.

Potency: It was only recently that scientists rediscovered the ability of maca root to promote healthy libido and energy, as well as its ability to support healthy male sexual performance. As recently as April 2000, the journal *Urology*, a renowned

Composition

Macabido® female (4 capsules)

	per capsule / daily dose	
Macaplex® (Lepidium meyenii root extracts)	225 mg	900 mg
White Panax ginseng root extract	25 mg	100 mg
Gingko biloba leaf extract	30 mg	120 mg
Damiana leaf extract	12.5 mg	50 mg
Ginger root extract	5 mg	20 mg
Lavender flower herb extract	5 mg	20 mg
Passion flower herb extract	5 mg	20 mg
Avena sativa herb extract	2.5 mg	10 mg
L-tyrosine	12.5 mg	50 mg
L-arginin HCl	25 mg	100 mg
Niacinamide	2.5 mg	10 mg
Royal jelly extract	2.5 mg	10 mg
Coral Calcium®	12.5 mg	50 mg
Bioperine®	2.5 mg	10 mg

in pharmaceutical grade. Other ingredients: magnesium stearate, SiO₂.

medical journal which had earlier also published studies on Viagra, published a study on maca. This study confirmed this plant's aphrodisiac effects, which had been described in the legends of the Incas for hundreds of years. The trial also showed that supplementing with maca promoted healthy male sexual performance.

Dosage

In normal cases take 2 capsules in the morning and 2 capsules in the evening with plenty of fluid.

Instructions

Food supplements are no substitute for a well-balanced diet and a healthy lifestyle. The indicated recommended daily intake should not be exceeded. Persons under constant medical care should consult a physician before taking the supplements. Product information is not to be considered a statement regarding cure; in general, we advise against self-medication without proper consultation of a doctor. Subject to mistakes and print or typographical errors.

Store in a cool and dry environment, out of reach for children.










Macabido® male (4 capsules)

	per capsule / daily dose	
Macaplex® (Lepidium meyenii root extracts)	225 mg	900 mg
White Panax ginseng root extract	25 mg	100 mg
Gingko biloba leaf extract	15 mg	60 mg
Stinging nettle root extract	2.5 mg	10 mg
Tribulus terrestris fruit extract	10 mg	40 mg
Saw palmetto fruit extract	5 mg	20 mg
Muira puama root extract	2.5 mg	10 mg
Fenugreek seed extract	100 mg	400 mg
L-arginin HCl	25 mg	100 mg
Zinc (Zn)	125 mcg	500 mcg
Boron (B)	37.5 mcg	150 mcg
Niacinamide	2.5 mg	10 mg
Royal jelly extract	7.5 mg	30 mg
Coral Calcium®	12.5 mg	50 mg
Bioperine®	2.5 mg	10 mg

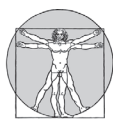
in pharmaceutical grade. Other ingredients: magnesium stearate, SiO₂.

Macabido® Product Groups

Macabido® can be found in the following product groups (www.vitabasix.com):

-  Depression & Moods
-  Women's Health
-  Brain & Memory
-  Immune System, Cell Protection & Antioxidants
-  Men's Health
-  Power & Energy
-  Sexuality & Libido
-  Sports & Muscles
-  Metabolism & Weight

Manufacturer:



VitaBasix®

by LHP Inc.

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Important information:

Our products are manufactured in accordance with the GMP (Good Manufacturing Practice) standard. Their quality, purity and concentration are regularly tested in independent test laboratories, in keeping with the FDA (Food and Drug Administration) guidelines.

Our products should be regarded as preventive measures or measures to enhance the individual's general wellbeing. Patients must consult a doctor before using the products for the treatment of diseases.

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