

*Glucochondrin® is an active ingredient combination of glucosamine and chondroitin that can support the maintenance of normal joint and cartilage function.*

### Basics:

Concerns about joint and cartilage health tend to increase with age and are usually also accelerated by factors such as obesity and lack of exercise. To positively support joint metabolism, the following substances are extremely useful:

**Glucosamine:** Found in the exoskeletons of shellfish, fish and in animal cartilage. It is a component of connective tissue, cartilage and synovial fluid. Glucosamine occurs in different forms. The sulphate form (stabilised with a mineral salt) is the most common. Potassium chloride is also suitable for stabilisation, and since the modern diet is usually deficient in potassium, it is suitable for supplementing certain foods.

**Chondroitin:** This substance is found mainly in foods such as oysters, mussels and meat. Is a component of glycans, which are also crucial for the formation of cartilage. Its basic structure contains an aminosaccharide, also called galactosamine. It gives articular cartilage its structure and is responsible for its water-binding capacity and for nutrient permeability. The latter is particularly important because cartilage contains no blood vessels and is only nourished by diffusion. Similar to glucosamine, the stabilised form of chondroitin is also a sulphate.

If the absorption of these nutrients through the diet is not sufficient or there is an increased need, these nutrients can be supplemented through special food supplements.

### Ingredients:

#### One capsule contains:

500 mg Glucosamine sulphate 2 KCl

325 mg Chondroitin sodium sulphate

**Other ingredients:** Magnesium Stearate, SiO<sub>2</sub>.

The product is gluten-free, lactose-free, not genetically modified.

Capsule shell vegetarian.

The product contains traces of crustaceans.

### Recommended consumption:

In normal cases, depending on body weight, take at mealtimes distributed through the day with plenty of fluid as follows:

below 60 kg body weight: 2 capsules

60 – 100 kg body weight: 3 capsules

over 100 kg body weight: 4 capsules

### Notes:

Food supplements are not intended as a substitute for a balanced and varied diet and a healthy lifestyle. Do not exceed the recommended daily intake. Keep out of the reach of children. Store protected from light and dry at room temperature.

The published information is not a cure and is not intended as a request or suggestion for selfmedication.

Although some of the above statements on individual micronutrients are derived from scientific studies, they have been categorised as “not yet sufficiently proven” by official authorities such as the European Food Safety Authority (EFSA), meaning that no positive effect can be confirmed.

The product described herein has not been conclusively evaluated by the Food and Drug Administration (FDA; USA) or the European Food Safety Authority (EFSA; Europe). This product is not intended to diagnose, treat, cure or prevent any disease.”

Errors and typographical errors excepted. VBX-1-23

#### Glucochondrin®-Product groups

 Bones and Joints

 Pain and Inflammation

Manufacturer



**VitaBasix®**

by LHP Inc.

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